



4 NOVEMBER 2018

THIRD YEAR - RELC FUN RUN/WALK!!

Bigger and better than ever before! It's our very own 10km run/walk or a 5km run/walk – you choose the pace! Or not quite your cup of tea? Then we'd love you to volunteer to help on the day and join in the fun and frivolity.

Walkers, joggers, runners and helpers are all encouraged to join in the fun of a healthy family-friendly event and raise funds for a great cause!

WHAT:

RELC Fun Run/Walk. Choose from the 10km run/walk, 5km run/walk or volunteering to be a helper. This event has something for everyone. Celebrate your achievement with a BBQ at the park provided by the Club after the run/walk! We'd love it even more if your family joined in the fun, too. Make sure everybody registers so we know what numbers to expect.

WHEN:

Sunday morning, 4th November 2018. Be on the start line at 8.30am.

WHERE:

Memorial Park, Meadowbank plus a circuit between Meadowbank and Rydalmere Ferry Wharf.

HOW:

Register at either the Fitness Edge or Club reception, fill out the paperwork, and pay your \$10 donation.

We have a fundraising goal of \$5000. If you, your family and/or friends would like to help us reach this goal please donate via the Ryde-Eastwood Leagues Club fundraiser profile page on the Jeans for Genes website and follow the prompts:

<http://www.jeansforgenes.org.au/fundraiser/ryde-eastwood-leagues-club-1> or scan the code:



YOUR GOAL MIGHT BE TO:

- Walk for 5km or 10km
- Run all the way or
- Just keep fit
- Help raise money



**RYDE-EASTWOOD
LEAGUES CLUB**